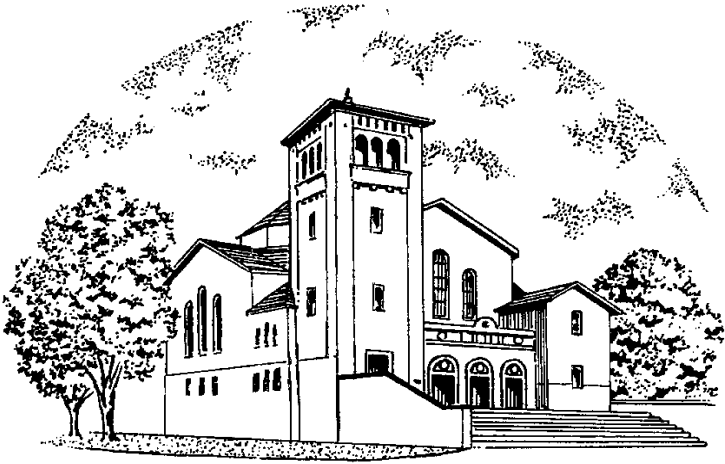


Cochrane Street United Church

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



February 7th, 2021

Minister: Rev. Miriam Bowlby, B.A. (Hons) M.Div, MBA-SEE

Minister Emeritus: Rev. Eric Hillier

Minister of Music: Patricia Young

Director of Music: Evan Smith

Technical Operations: John Williams, Jackabon Media

(t) 709-722-3023 (f) 709-722-3260

info@cochranestreetuc.com

www.cochranestreetuc.com

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith.

USHERING TEAM FOR FEBRUARY

Keith Bowden, Harold Grandy

THIS WEEK AT COCHRANE STREET FEBRUARY 8 – FEBRUARY 13

Thursday: 10:00 Zoom Prayer Group
Sunday: 10:00 AM Choir Practice

OFFICE

Office Hours: Tuesdays 9:00 am – 1:00 pm
Thursdays 11:30 am – 4:00 pm
Fridays 9:00 am – 4:30 pm

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Cochrane Centre Contact information for bookings
709-754-2532 or info@cochranecentre.ca

CONTACT REV. MIRIAM

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: revmiriam@cochranestreetuc.com or Cell: 709-728-8410

Like us on Facebook or Follow us on Twitter!

www.facebook.com/Cochranestreetuc and [@CochraneStreet](https://twitter.com/CochraneStreet)

GATHERING AS GOD'S PEOPLE

*please stand as you are able

LAND ACKNOWLEDGEMENT

We respectfully acknowledge the territory in which we gather as the ancestral homelands of the Beothuk, and the island of Newfoundland as the ancestral homelands of the Mi'kmaq and Beothuk. We would also like to recognize the Inuit of Nunatsiavut and NunatuKavut and the Innu of Nitassinan, and their ancestors, as the original people of Labrador. We strive for respectful relationships with all the peoples of this province as we search for collective healing and true reconciliation and honour this beautiful land together.

PRELUDE:

INTROIT MV# 4: All Who are Thirsty

All who are thirsty, all who are weak,
come to the fountain.

Dip your heart in the stream of life.

Let the pain and the sorrow be washed away
in the waves of his mercy as deep cries out to deep.

We sing

Come, Lord Jesus, come. **(4X)**

WELCOME AND ANNOUNCEMENTS

Please see your congregational email for detailed announcements.

*LIGHTING OF CHRIST CANDLE & PASSING OF THE PEACE:

The light of Christ is with us

Here. Now. In this place.

In Christ, although we are many,

We are one.

Let our hospitality towards each other reflect God's love.

The Lord be with you.

And also with you.

Let us greet one another with the peace of Christ.

REFLECTIVE MUSIC MV 14: Where Two or Three are Gathered

Where two or three are gathered in my name;

I am there, I am there. **2X**

CALL TO WORSHIP:

Bless our feet

that they might tread the path prepared.

Bless our hands

that they might show your love's embrace.

Bless our words

that they might share your grace and peace.

PRAYER OF APPROACH:

Ever-present God,

this day enfolds us and surrounds us:

be in our speaking and in our thinking;

be in our life and on our lips;

be in our hearts and in our souls,

today and forever. Amen.

HYMN VU # 469: We Gather Here

1 We gather here in Jesus' name,
his love is burning in our hearts like living flame;
for through the loving son God fashions us as one:
Come take the bread, come drink the wine,
come, share the Lord.

No one is a stranger here, - everyone belongs;
finding our forgiveness here,
we in turn forgive all wrongs.

2 He joins us here, he breaks the bread,
the One who pours the cup is risen from the dead;
the One we love the most is now our gracious host:
Come take the bread, come drink the wine,
come, share the Lord.

We are now a family of which Christ is the head;
though unseen he meets us here
in the breaking of the bread.

3 We'll gather soon where angels sing;
we'll see the glory of our Lord and coming King;
now we anticipate the feast for which we wait:
Come take the bread, come drink the wine,
come, share the Lord.

PRAYER OF CONFESSION:

O God, we long to rest in you,
to trust in your goodness, in your care for us,
in your abundant life.

But we don't know how to rest

And we have forgotten how to trust:

We seek material goods that we don't really need.

We befriend people not always out of love.

Slow us down, Holy One.

Attend to us, Holy One,

And show us that you are our salvation and our resting place.

Amen

ASSURANCE OF PARDON:

God's love is sure and steadfast,
always providing a way out,
a way through, a way back to God.

We are a forgiven people.

Thanks be to God. Amen

LEARNING TOGETHER – BIG IDEAS

HYMN MV # 12: Come Touch Our Hearts

1. Come touch our hearts that we may know compassion,
from failing embers build a blazing fire;
love strong enough to overturn injustice,
to seek a world more gracious, come touch and bless our hearts.
3. Come touch our minds and teach us how to reason,
set free our thoughts to wonder and to dream;
help us to open doors of understanding,
to welcome truth and wisdom, come touch and bless our minds.
5. Come touch us now, this people who are gathered,
to break the bread and share the cup of peace;
that we may love you with our heart, our soul,
our mind, our strength, our all, come touch us with your grace.

OFFERING INVITATION & VOLUNTARY

There are many ways you can offer your financial gifts. As you enter the sanctuary you may lay your offering in the plate. You can send your offering by mail or drop them off in the mailbox. You can donate via eTransfer: csuctreasurer@gmail.com. You can sign up for PAR (Pre-Authourized Remittance) or use the donate button on our website.

OFFERTORY HYMN VU #389: God Is Here vs. 4

4 God of all, of church and kingdom,
in an age of change and doubt
keep us faithful to the gospel;
help us work your purpose out.
Here, in this day's dedication,
all we have to give, receive;
we, who cannot live without you,
we adore you! We believe!

OFFERTORY PRAYER

GOD'S WORD FOR US TODAY

PRAYER OF ILLUMINATION:

**Holy God,
You speak to us in many ways,
through rushing wind or still small voice,
in Scripture's Word and through your Grace.
Help us hear your voice above the clamour of this world,
recognize the difference and follow only you. Amen**

SCRIPTURE READING

Isaiah 40:21 - 31

The Word of the Lord – Thanks be to God.

***RESPONSIVE PSALM 147:1 -11, 20**

Praise the LORD!

How good it is to sing praises to our God;
for he is gracious, and a song of praise is fitting.

**2 The LORD builds up Jerusalem;
he gathers the outcasts of Israel.**

**3 He heals the broken hearted,
and binds up their wounds.**

**4 He determines the number of the stars;
he gives to all of them their names.**

**5 Great is our Lord, and abundant in power;
his understanding is beyond measure.**

**6 The LORD lifts up the downtrodden;
he casts the wicked to the ground.**

**7 Sing to the LORD with thanksgiving;
make melody to our God on the lyre.**

**8 He covers the heavens with clouds,
prepares rain for the earth,
makes grass grow on the hills.**

⁹ He gives to the animals their food,
and to the young ravens when they cry.
¹⁰ **His delight is not in the strength of the horse,
nor his pleasure in the speed of a runner;**
¹¹ but the LORD takes pleasure in those who fear him,
in those who hope in his steadfast love.
²⁰ **Praise the LORD!**

SCRIPTURE READING

Mark 1:29 - 39

The Word of the Lord – **Thanks be to God.**

ANTHEM: Guide My Feet Lord

SERMON: Breaking it Down

Reflective Music

GOING FORTH TO SHARE GOD'S LOVE SACRAMENT OF HOLY COMMUNION

The Invitation:

In the name of the One who said,
"I am the bread of life,"
I invite you to come and eat.
In the name of the One who said,
"I am the true vine,"
I invite you to come and drink.
In the name of the One who said,
"Love one another as I have loved you,"
I invite you to the table of Jesus Christ.
This is the table of the risen Christ

**In this feast gleams the promise of the earth
and glory of all creation.**

In this feast comes the Christ
Saviour and Friend to all.

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Blessed are you, gracious God,

Creator of light, Giver of all life, Source of love.
You guide the sun, cradle the moon, and toss the stars.
At your word the earth was made
and spun on its course among the planets.
You breathe life into us
and set us among all your creatures,
in a covenant of love and service.
Even when we turn away from you, you do not forsake us.
You send your prophets to proclaim your justice,
to remind us of your promise of peace,
and to call us back to you.
Creator, Christ, and Spirit,
we praise you for your love revealed to us in Jesus,
who walks with us, our Wisdom and our Way,
sharing our joy and sorrow,
healing the sick,
feeding the hungry,
and setting the captive free.

So it is that we join the song of all creation to
proclaim your goodness:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Mighty and tender God, in Jesus of Nazareth
we recognize the fullness of your grace:
light, life, and love, revealed
in words that confront and comfort us,
in teachings that challenge and change us,
in compassion that heals and frees us.
And now we gather at this table to remember
and to be filled with such longing for your realm,
that we may rise together
to turn our worship into witness
and to follow in your way.

We remember that when Jesus ate with his friends,

he took a loaf of bread, and after blessing it,
he broke it and gave it to them, saying:
“Take, eat. This is my body, given for you.
Each time you do this, remember me.”
Then, he took a cup, and after giving thanks,
passed it to his friends, saying:
“Drink. This cup that is poured out for you
is the promise of God, made in my blood.
Whenever you drink it, remember me.”

Loving God, we rejoice in the gift of your grace,
remembering Christ’s life and death,
proclaiming his resurrection,
waiting in hope for his coming again.
Grant that, in praise and thanksgiving,
we may so offer ourselves to you
that our lives may proclaim the mystery of faith:

Christ has died.

Christ has risen.

Christ will come again.

Send, O God, your Holy Spirit upon us and upon these gifts,
that all who share in this loaf and cup
may be the body of Christ:
light, life, and love in the world.
In this hope and as your people, we praise you.

Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit,
all glory is yours, God most holy,
now and forever.
Amen.

The Lord’s Prayer

**Our Father, who art in heaven, Hallowed be thy name.
Thy Kingdom Come, Thy will be done on earth as it is heaven.
Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread and Filling the Cup

The bread we break
 is our sharing in the life of Christ.
The cup for which we give thanks
 is our communion in the blood of Christ.

Prayer After Communion

**We give you thanks, Almighty God,
that you have refreshed us at your table
by granting us the presence of Jesus Christ.
Strengthen our faith,
increase our love for one another,
and send us forth into the world
united in courage and peace,
rejoicing in the power of the Holy Spirit;
through Jesus Christ our Saviour. Amen.**

HYMN VU # 586: We Shall Go Out With Hope of Resurrection

- 1 We shall go out with hope of resurrection;
 we shall go out, from strength to strength go on;
we shall go out and tell our stories boldly;
 tales of a love that will not let us go.
We'll sing our songs of wrongs that can be righted;
 we'll dream our dreams of hurts that can be healed;
we'll weave a cloth of all the world united
 within the vision of new life in Christ.
- 2 We'll give a voice to those who have not spoken;
 we'll find the words for those whose lips are sealed;
we'll make the tunes for those who sing no longer,
 expressive love alive in every heart.
We'll share our joy with those who still are weeping,
 raise hymns of strength for hearts that break in grief,
we'll leap and dance the resurrection story,
 including all in circles of our love.

PRAYER FOR GUIDANCE

**Holy God, Dreamer of dreams,
We offer Cochrane Street United Church to you. We are your
people, this is your church. We come to you seeking your
guidance, your purpose, your vision. Align our will with yours, so
that we will be willing to do whatever it takes to carry out your
plan. We ask you to break through in new ways in our church.
Show us the great ministry you have in store for us. Help us
dream your dreams. Pour out your Holy Spirit on us, giving us the**

vision, boldness, and confidence to do all that you call us to do.
Amen.

COMMISSIONING AND BENEDICTION

SUNG BENEDICTION VU 424 vs. 1: May the God of Hope

May the God of hope go with us every day,
filling all our lives with love and joy and peace.

May the God of justice speed us on our way,
bringing light and hope to every land and race.

Praying, let us work for peace,
singing, share our joy with all,
working for a world that's new,
faithful when we hear Christ's call.

POSTLUDE

Please take your bulletins with you when you leave the pew.

MEMORIALS

*In Loving Memory of Lawrence Wells, Sr.
From Sandra Garland*

*In Loving Memory of David Boone
From Henrietta Ellis*

*In Fond Memory of Dave Boone,
From The McMaster Family*

*In Loving Memory of Dave Boone
From Paula & Tim Reynolds*

In Memory of Sig Lenser, From Harold & Betty Grandy

*In Loving Memory of Mother, Irene Tucker,
From daughters, Linda Facey and Marilyn Pardy, and Families*

BROADVIEW MAGAZINE: The yearly subscriptions for Broadview are now due. If you would like to continue your subscription or are interested in getting one for the first time, please contact Paula Reynolds at 325-2106. Cost for the year is \$25.00. If paying by cheque, please make it payable to: Broadview.

ENVELOPES: Do you need envelopes? If so, please contact Harold Grandy. Email: hgrandy@nf.sympatico.ca.

Share the Love Food Drive: On Saturday, February 13, we will host a drive up and drop off food drive from 1–3pm for Bridges to Hope. If you would like to volunteer, please contact the office or talk to Rev. Miriam. For the next few Sundays, items can be brought to church for the food drive. Bridges to Hope needs the following items: Canned Milk, Canned Beans (Molasses, etc.), Canned Fruit, Cereal, Pasta Sauce, Beefaroni, Ravioli, etc., Cookies, Crackers, Juice 1 litre, any other non perishables would be much appreciated.

Take Out Pancake Supper: There will be a take out pancake supper on Tuesday, February 16, with pick up from 5:30 - 6:30. Each meal is \$10 and includes pancakes, sausages and a dessert. If you would like to pre-order, call the office 722-3023 or email: info@cochranestreetuc.com.

REQUEST FOR SUNDAY VOLUNTEERS: Every Sunday we have volunteers help us with our church service to maintain safe worship together - people guiding us to physical distanced seating spaces, on the registration table, and controlling traffic flow leading to the bathroom door. If you're able to help volunteer with any of these jobs, please let us know. We'd surely love to have some extra volunteers. There's a sign up sheet with volunteer descriptions at the back of the church on the table where the bulletins are laid.

COCHRANE CENTRE AGM: The Cochrane Centre Annual General Meeting, originally scheduled for January 27, has been postponed. It will now be held mid to late February. More details will follow shortly.

NOTES FROM THE ARCHIVES

One of our early ministers was Rev. George Paine, born in England in 1848 and died in St. John's in 1916. He served our congregation from 1892–1895. His surname might be familiar to you. His son, A J Carman Paine, was an architect in Toronto when our first church building burnt down. Carman Paine is important to our history as he put our Building Committee in touch with the architectural firm of Ross & MacDonald, who designed our present building. He is also important to the architectural history of St. John's. Some of his work here included the Normal School, later Memorial University College and later still the Fisheries College on Parade Street (1922); the Methodist College on Long's Hill (1926), did you go to school there?; the Confederation Building (1958-1960); and the Sir Humphrey Gilbert Building (1957-1958).