

Cochrane Street United Church

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



March 1, 2020
First Sunday in Lent

Minister: Rev. Miriam Bowlby, B.A. (Hons) M.Div (*on sabbatical*)

Minister Emeritus: Rev. Eric Hillier

Minister of Music: Patricia Young

Director of Music: Evan Smith

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www.cochranestreetuc.com

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith.
Following worship there is a time of fellowship.

USHERING TEAM FOR MARCH

Roger Crosbie, Jim Austin, Jeff Critch,
Jim Oakley, John Perlin, Lloyd Brown

THIS WEEK AT COCHRANE STREET MARCH 2 – MARCH 8

Tuesday: 12:30 PM Yoga in Sanctuary, Bannerman Street Entrance
Tuesday: 6:30 PM Choir Practice, Bannerman Street Entrance
Wednesday: 6:30 PM CSUC Council Meeting, Stephen's place
Sunday: 10:00 AM Choir Practice

OFFICE

Office Hours: Tuesdays 9:30 am – 3:00 pm
Wednesdays 9:30 am – 3:00 pm
Thursdays 9:30 am – 3:00 pm

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Cochrane Centre Contact information for bookings
709-754-2532 or info@cochranecentre.ca

Like us on Facebook or Follow us on Twitter!
www.facebook.com/Cochranestreetuc and @CochraneStreet

GATHERING AS GOD'S PEOPLE

* Please Stand as you are able

Worship Leader: Rev. Scott Parsons

PRELUDE:

***INTROIT: Jesus Christ Is Waiting #117VU (verse 1)**

Jesus Christ is waiting, waiting in the streets;
no one is his neighbour, all alone he eats.
Listen, Lord Jesus, I am lonely, too.
Make me, friend or stranger, fit to wait on you.

***WELCOME AND ANNOUNCEMENTS:**

***PASSING OF THE PEACE**

Let our hospitality towards each other reflect God's love.
The Lord be with you.

And also with you.

Let us greet one another with the peace of Christ.

REFLECTIVE MUSIC: God In the Darkness #17MV (verse 1)

God in the darkness, God beyond our knowing,
patient creator, seed in secret growing,
rock of the living, water ever flowing,
come and renew us.

***CALL TO WORSHIP:**

God invites us to journey in the way of faithfulness,
to walk the Lenten road with Christ.

We journey with confidence, for Christ is with us.

Thanks be to God, for God's steadfast love.

***PRAYER OF APPROACH:**

Ever-present God,
this day enfolds us and surrounds us:
be in our speaking and in our thinking;
be in our life and on our lips;
be in our hearts and in our souls,
today and forever. Amen

***HYMN: Come, O Fount of Every Blessing #559VU**

PRAYER OF CONFESSION:

God, you have called us to be pilgrims.
Forgive us when we weary of the journey
and seek security
rather than the open road.
Forgive us when we feel
the risk of the journey is too great.
Grant us pilgrim spirits in this Lenten season
and lead us to the new life of Easter. Amen.

ASSURANCE OF PARDON:

God is merciful and gracious,
slow to anger and abounding in steadfast love.
God has compassion for our fears and failures;
God stays with us on our Lenten journey.
We are a forgiven people.
Thanks be to God!

CHILDREN'S TIME:

***HYMN: Sunday's Palms are Wednesday's Ashes #107VU**

OFFERING INVITATION AND OFFERTORY VOLUNTARY:

***OFFERTORY HYMN: For the Gift of Creation #538VU**

For the gift of creation, the gift of your love,
And the gift of the Spirit by which we live,
We thank you and give you the fruit of our hands,
May your grace be proclaimed by the gifts that we give.

OFFERTORY PRAYER:

God of the Cross,
in losing our lives we find them in you.
In sharing our money, our time, and our very selves,
we receive the blessings of your Kingdom.
Use these gifts toward your holy work
of peace, justice and service in the world.
We pray in Jesus' name. Amen.

GOD'S WORD FOR US TODAY

PRAYER FOR ILLUMINATION:

Eternal God,
In the reading of scripture, may your Word be heard;
In the meditations of our hearts, may your Word be known;
In the faithfulness of our lives, may your Word be shown. Amen.

SCRIPTURE READING: GENESIS 2:15–17 & 3:1–7

The Word of the Lord – **Thanks be to God.**

Reader: Matthew Liberty

RESPONSIVE PSALM: PSALM 32 (pg. 759VU)

Reader: Patricia Young

GOSPEL READING: MATTHEW 4:1–11

The Word of the Lord – **Thanks be to God.**

ANTHEM: How Deep The Father's Love For Us

SERMON:

***HYMN: Jesus, Tempted In the Desert**

#115VU

THE SACRAMENT OF HOLY COMMUNION

INVITATION:

In the name of the One who said,

“I am the Bread of Life,”

I invite you to come and eat.

In the name of the One who said,

“I am the True Vine,”

I invite you to come and drink.

In the name of the One who said,

“Love one another, as I have loved you”,

I invite you to the table of Jesus Christ.

This is the table of the risen Christ

**In this feast gleans the promise of the earth
and glory of all creation.**

In this feast comes the Christ

Saviour and Friend to all.

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God

It is right to give our thanks and praise.

Holy God, Holy One, Holy Three!
Before all that is, You were God.
Outside all we know, You are God.
After all finished, You will be God.
Archangels sound the trumpets,
Angels teach us their songs,
Saints pull us into your presence.

And this is our song:

Holy, holy, holy God
our life, our mercy, our might.
Heaven and earth are full, full of your glory.
Save us, we pray, you beyond all.
Blest is he who comes in your name.
Save us, we pray, you beyond all.

Holy God, Holy One, Holy Three!
You beyond the galaxies,
You under the oceans
You inside the leaves,
You pouring down rain,
You opening the flowers,
You feeding the insects,
You giving us your image,
You arcing us through the waters,
You holding us in the night,
Your smile on Sarah and Abraham,
Your hand with Moses and Miriam,
Your worlds through Deborah and Isaiah,
You giving us Jesus Who lived among us,
Healing, teaching, dying, rising
Inviting us all to the feast.
On the night Jesus was betrayed,
Jesus took bread, and gave thanks;
He broke the bread and gave it to his disciples saying,
"Take and eat; this is my body given for you.
Do this in remembrance of me."
And again after supper he took the cup, gave thanks,
And gave it for all to drink, saying:
"This is the cup of the new covenant in my blood,
Shed for you and all people
For the forgiveness of sin.
Do this in remembrance of me."

Great is the mystery of faith:

Christ has died.

Christ has risen.

Christ will come again.

Holy God, Holy One, Holy Three!

Pour out your Holy Spirit on us and on this meal.

Enliven this bread,

Awaken this body,

Pour us out for each other

Open our minds,

Ignite your church,

Nourish the life of the earth.

Make us, while many, one.

Make us, though broken, whole,

Make us, despite death, alive.

This sacrifice of praise and thanksgiving

we offer you, loving God,

through Jesus Christ, our Saviour,

in the unity of the Holy Spirit,

one God, forever and ever.

Holy God, Holy One, Holy Three!

We praise you now and forever.

Through Christ, with Christ and in Christ,

in the unity of the Holy Spirit,

all glory is yours, God most Holy.

Amen

We gather these and all of our prayers, O God,

In the name of your Son, Jesus Christ,

who has taught us to pray together this prayer, saying:

Our Father, who art in heaven, Hallowed be thy name.

Thy Kingdom Come, Thy will be done on earth as it is heaven.

**Give us this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass against us; and**

lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power and the glory,
for ever and ever. Amen.**

The bread which we break
is our sharing in the life of Christ.

The cup for which we give thanks
is our sharing in the life of Christ.

Friends, these are the gifts of God for the people of God.
Come, for all things are now ready.

PRAYER AFTER COMMUNION

**Generous God,
may the taste of this meal linger
so that we will be strengthened in our Lenten journey.
Give us courage of faith on our Lenten journey
so that our thoughts, our words and our actions
reflect a deeper relationship with you.
In Jesus' name we pray, Amen**

GOING FORTH TO SHARE GOD'S LOVE

***HYMN: Sent Forth By God's Blessing #481VU**

PRAYER FOR GUIDANCE:

Holy God, Dreamer of dreams, We offer Cochrane Street United Church to you. We are your people, this is your church. We come to you seeking your guidance, your purpose, your vision. Align our will with yours, so that we will be willing to do whatever it takes to carry out your plan. We ask you to break through in new ways in our church. Show us the great ministry you have in store for us. Help us dream your dreams. Pour out your Holy Spirit on us, giving us the vision, boldness, and confidence to do all that you call us to do. Amen.

COMMISSIONING AND BENEDICTION:

CHORAL BENEDICTION: I Am Walking a Path of Peace #221MV

**I am walking a path of peace, I am walking a path of peace,
I am walking a path of peace, lead me home, lead me home.
I am home.**

POSTLUDE:

ANNOUNCEMENTS

THANK YOU! A big thank you to everyone who made our Pancake Supper such a great success! We could not have done this without such dedicated volunteer work!

ANNOUNCEMENTS: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at noon.

NO SCENTS MAKES GOOD SENSE! A friendly reminder that members of our congregation are sensitive to scented products. Thank you for helping create a safe environment in which we can all fully participate.

MARK YOUR CALENDARS

THU, MAR 5 (6:30pm) – FL & CC Engagement Session – Capital Campaign
SUN, MAR 22 (12:30pm) – Cochrane Street United Church Annual General Mtg

SUNDAY SCHOOL has recommenced!
Please bring your children and grandchildren.

MARCH – APRIL 2020 WORSHIP SCHEDULE

MAR 1 (11:00 am) – 1st Sunday in Lent (Rev. Scott Parsons)
Communion
MAR 8 (11:00 am) – 2nd Sunday in Lent (Rev. Eric Hillier)
MAR 15 (11:00 am) – 3rd Sunday in Lent (Karen Critch)
MAR 22 (11:00 am) – 4th Sunday in Lent (TBA)
MAR 29 (11:00 am) – 5th Sunday in Lent (Rev. Peggy Johnson)
APR 5 (11:00 am) – Palm Sunday (TBA)
APR 12 (11:00 am) – Easter Sunday (Rev. Heather Sandford)
APR 19 (11:00 am) – 2nd Sunday after Easter (David Peters)
APR 26 (11:00 am) – 3rd Sunday after Easter (TBA)

CHURCH COUNCIL MEETING is **March 4, 6:30pm**, at 24 Poplar Avenue. If anyone has a matter they wish to bring to the attention of Council, please contact Stephen Jewczyk Council Chair at sjewczyk@gmail.com.

CHILDREN'S TIME VOLUNTEERS: We are looking for volunteers to do Children's Time during Sunday worship service. If interested, please contact the church office at 722-3023. Thank you for sharing your talents!

REQUEST FOR USHER VOLUNTEERS: We are seeking more ushers for our January team as well as to supplement our other ushering teams. If interested, please contact the church office at info@cochranestreetuc.com or 709-722-3023. Your help is much appreciated!

YOGA Flow Registration open once again! It's for 6 weeks on **Tuesdays, 12:30pm**, at Cochrane Centre, 42 Bannerman Street, in the sanctuary. Sessions begin MAR 3. Cost is \$39.50 (includes HST & \$5 CC Facility Fee). To register, please click here: <https://sites.google.com/site/karmafitnessyoga/yoga-flow-registration-cochrane-st-church>

FIRST LIGHT AND COCHRANE CENTRE ENGAGEMENT SESSION – CAPITAL CAMPAIGN

In January of 2019, First Light (FL) became responsible for the operations of the Cochrane Centre (CC) through a partnership with Cochrane Community Outreach and Performance Centre (CCOPC). At the 2019 Cochrane Centre AGM, a presentation was made by FL on an engagement strategy for the capital campaign for the property.

On Thursday, March 5, 2020, at 6:30 pm at Cochrane Centre, an engagement session will be held for any members interested in being involved with the engagement strategy as part of the Capital Campaign. A booklet which has been prepared by FL and CC, that addresses the relationship between FL and CC and timelines with respect to the Capital Campaign, will be distributed at worship service on Sunday, March 1.

COCHRANE STREET AGM: Our Annual Meeting will take place on **March 22 after church**. It is a great time to look back at what we accomplished together last year and look ahead to the future as we plan for the next few years.

ENVELOPES: Do you need envelopes? If so, please contact Harold Grandy. Email: hgrandy@nf.sympatico.ca.

Recyclables: Drop off your recyclables at any Green Depot and use the Cochrane Street Code (our phone number) 7223023. Your empty containers will support the ministries of our congregation! Can't get your recyclables to the depot? **Call the church office and we will arrange to pick them up.** Thank you in advance for your help.

Stuff the New Shelves for Bridges to Hope! Let's fill our shelving, generously donated to our church, full of the most helpful non-perishable food items: tinned milk, canned beans, canned meat, juice boxes or one liter of juice, cereal, Kraft Dinner, pasta, and pasta sauce. Bring your items to church on Sunday. Thank you for your support.

St. John's Choir Afternoon Tea: The St. John's Choir annual Afternoon Tea will take place on Sunday, March 15th, at 2:30 pm at Cowan United Church on 141 Frecker Dr. (doors open at 2:00 pm). Tickets are \$20 and can be obtained at stjohnschoir.info@gmail.com.

MEMORIAL SERVICE – COUGAR FLIGHT 491: Please join us at Elim Pentecostal Tabernacle (Kenmount Rd, St. John's) on Thursday, **March 12, at 7PM** for the 11th annual memorial service. Reception to follow in the adjacent Parish Centre. For further information, contact Chaplain Christopher Fowler, Executive Officer, (709-699-2481, reverendchristopher@icloud.com) OR Chaplain Susan Hall, Chaplain to the Cougar Flight 491 Families, (709-687-4044, susan@nl.rogers.com).

On-Line Auction- L'Arche Avalon: We invite you to participate in an online auction, browse and place bids on over 100 items such as artwork, gift cards from local businesses, skin/hair products, household items, a Seniors' Basket and a Boredom Box.

Using the search bar at the top of your Facebook page, type "L'Arche Avalon", scroll down to "L'Arche Avalon Online Auction 2020" and click to join. On March 2 you can view items and place your bids by "committing" on the individual pictures. All proceeds go to L'Arche Avalon for the construction of the first L'Arche home in this province.

NOTES FROM THE ARCHIVES

A NEW BEGINNING! Second of 9 Parts

A. J. Carman Paine was the son of the church's former minister, Rev. George Paine. He was an architect in Montreal at this time and was the church's contact with the architectural firm of Ross and MacDonald. It was felt that because the congregation was non-conformist, that is, Protestant but not Church of England, the building's architecture should fit more with the form of worship where everyone was in easy reach of the minister in an auditorium type of setting.



LOST & FOUND:

The following items have been found in the church. If any belong to you, please feel free to contact the church office at 722-3023 or info@cochranestreetuc.com.

Glasses,
 Soft Reading Glass Holder,
 Grey Water Bottle,
 Blue Water Bottle
 Black Women's Mittens,
 Black Women's Ski Gloves
 1 Extra Large Black Glove,
 1 Large Leather Glove
 1 Small Women's Brown Leather Glove
 Blue Baby Winter Mitts,

Dark green winter hat with grey stripes
 Black Winter Hats
 Red winter hat
 Light pink Winter Hat
 Black Baseball Cap
 Xmas Earring
 Velvet aqua Scrunchie
 Child's Stretch Bracelet
 Small black Hairclip & Child's Hairband

Gold Laura bag filled with a black chenille Winter Hat, a pair of black Gloves with green stitching, 2 children's Waterbottles, a tractor Dinky, and a Children's Booklet.

