
Welcome to Cochrane Street United Church

Whether you are here for the first time, or this is your church home – welcome to our community of faith. Following worship there is a time of fellowship.
Your host(s) this week:

We are looking for volunteers for tea after church. For more information email the church office or contact Laura Baker.

USHERING TEAM FOR APRIL

Robert Mercer, Brian Johnston, Peter Crosbie,
Harris Flight, Robert Evans

THIS WEEK AT COCHRANE STREET

Sunday: 10:00 AM Choir Practice
11:00 AM Worship, Sunday School and Fellowship Time
Tuesday: 6:30 PM Choir Practice – new members welcome
Friday: 2:00 – 4:30 P.M. Bridge, St. Thomas' Anglican Church

OFFICE

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Like us on Facebook or Follow us on Twitter!
www.facebook.com/Cochranestreetuc and [@CochraneStreet](https://twitter.com/CochraneStreet)

CONTACT REV. MIRIAM

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: revmiriam@cochranestreetuc.com or Cell: 709-728-8410

Donation in memory of Irene Tucker from husband Walter Tucker and daughters Linda Facey and Marilyn Pardy and families.

ANNOUNCEMENTS

Worship: Worship as of April 16th will be at Cochrane Street United Church. Please use Cochrane Street entrance.

No Scents Makes Good Sense! A friendly reminder that members of our congregation are sensitive to scented products. Reactions can vary from not being able to breathe to severe headaches. Thank you for helping.

Envelopes: Do you need envelopes? If so please contact Harold Grandy. Email: hgrandy@nf.sympatico.ca.

Soup Sale: The UCW will be having a soup take-out on Sunday April 30th after church. Cost \$ 5.00.

Rev. Miriam is Away: Rev. Miriam is going to be away from April 17 – April 30 on study leave. If there is a pastoral emergency while she is away, please contact Rev. Paul Crittenden of Gower Street at 753-7286 or 351-1763. Rev. John Maich will be leading worship on Sunday April 23 & 30.

Announcements: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 p.m.

Recycling: Did you know that the church has account at Evergreen Recycling on Elizabeth Avenue and Blackmarsh Road? Drop off your recyclables and use the church's phone number for the account number (7223023) and all the money will go to the church. Thanks for your generosity.

Notes from the Archives:

Although not yet dedicated, that would be held in June, the first service in our present building was held on Easter Sunday, April 23, 1916 in the Sunday School auditorium. Although the construction of the building was complete, installation of the organ and light fixtures had not taken place, and the pews had not arrived. An embargo had been placed on the transport of goods due to the need for rail and ship capacity for war time efforts. The church was to be named **Cochrane Street Methodist Centennial Church** in recognition of the centenary of organized Methodism in St. John's.

Choir: Love singing? Why not join the choir? No stress, no pressure, no expectations, just a group of people who love music, singing together. Some choir members read music, others don't. All are welcome and all are equal.

We rehearse 6:30pm on Tuesday nights at Gower Street United and meet at 10:00am on Sunday mornings. So make a joyful noise and join the CSUC Choir!

PAR: What is PAR? It stands for Pre-Authorized Remittance. It means that an amount determined by you gets deducted from your bank account each month. For more information or to sign up for PAR, please contact the church office.

Congregational Email: Do you want to keep up on church news? If so we can add you to the congregational email list. Please send your email to info@cochranestreetuc.com.

COMMUNITY ANNOUNCEMENTS

Living Well With Advanced Cancer: Are you living with cancer? Eastern Health invites you to attend an 8-week interactive support group designed to help those living with advanced cancer to reconnect with and sustain meaning in their lives. Co-facilitated by the Social Work Department of the Dr. H. Bliss Murphy Cancer Centre and the Pastoral Care and Ethics Department of Eastern Health, this program will start May 8th and will meet on Monday's from 2-4 p.m. until June 26th at the Botanical Garden Field Centre, 306 Mount Scio Road (weeks 2, 3 and 7 will meet Tuesday afternoon). For more information or to register please contact Paul Grimes at 777-7611 or Bill Haynes at 777-7990.

Cancer Fact for April: About one-third of all cancers can be prevented by eating well, being active and maintaining a healthy body weight. It's all about balance, moderation, and variety. Include lots of fruits, vegetables and fibre in your diet, and limit red meat and processed meat.

Learn more at itsmylife.cancer.ca

Soup Luncheon and Social: Wesley United Church will host a soup luncheon with a social to follow on Thursday, April 27th starting at 12:30 pm. Tickets are \$12 and can be obtained by contacting Pheobe Sheppard at 726-1689, Marvin Barnes at 579-7900 or the Church Office at 579-3682

A MESSAGE FROM GOWER STREET UNITED CHURCH

On behalf of the Board and Congregation of Gower Street I want to relay our sincere congratulations.

No doubt it has been a challenging period for everyone but I have been very impressed with the perseverance and tenacity that you and all the Cochrane people have demonstrated during this time. I only hope that we at Gower have played some small part in making this period a little easier for you.

I look forward to visiting Cochrane for a service upon my return.

Blessings to you all and rest assured you have been an inspiration to us all!

Lorne LeDrew
Board Chair
Gower Street United Church