
Welcome to Cochrane Street United Church

Whether you are here for the first time, or this is your church home – welcome to our community of faith. Following worship there is a time of fellowship.
Your host(s) this week:

We are looking for volunteers for tea after church. For more information email the church office or contact Laura Baker.

USHERING TEAM FOR MARCH

Ian McMaster, Bill Squires, Blair Bradbury,
and Gerry Penney

THIS WEEK AT COCHRANE STREET

Sunday: 10:00 AM Choir Practice
11:00 AM Worship, Sunday School and Fellowship Time
Tuesday: 6:30 PM Choir Practice – new members welcome
Friday: 2:00 – 4:30 P.M. Bridge, St. Thomas' Anglican Church

OFFICE

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Like us on Facebook or Follow us on Twitter!
www.facebook.com/Cochranestreetuc and [@CochraneStreet](https://twitter.com/CochraneStreet)

CONTACT REV. MIRIAM

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: revmiriam@cochranestreetuc.com or Cell: 709-728-8410

ANNOUNCEMENTS

Worship: Worship on Sundays is at St. John's Seventh-day Adventist Church at 30 Aldershot Street off Merrymeeting Road.

Bring Your Travel Mugs! Bring your travel mug on Sundays! There is no dishwasher at St. John's Seventh-day Adventist Church so we are asking everyone to bring their own mug.

The Men's Service Club: will be meeting on Tuesday March 21 at St. Thomas Anglican Church on Kingsbridge Road. This is our Ladies Night and there will be a guest speaker. For further information contact the Church office at 722-3023. God Bless.

No Scents Makes Good Sense! A friendly reminder that members of our congregation are sensitive to scented products. Reactions can vary from not being able to breathe to severe headaches. Thank you for helping.

Envelopes: Do you need envelopes? If so please contact Harold Grandy. Email: hgrandy@nf.sympatico.ca.

The Annual Meeting: The AGM for the congregation will take place on Monday, March 20th at 6:00 at St. Thomas' Anglican Church. We will begin with a potluck supper followed by our meeting. Please bring something to share.

Blessing Bags: The Sunday School is putting together blessing bags for the tenants at Cochrane Centre. They are looking for your help in filling them. Here are some items that would help: facial tissue, toilet paper, hand-soap, deodorant, shampoo, toothbrush and toothpaste.

Announcements: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 p.m.

Recycling: Did you know that the church has account at Evergreen Recycling on Elizabeth Avenue? Drop off your recyclables and use the church's phone number for the account number (7223023) and all the money will go to the church. Thanks for your generosity.

Notes from the Archives:

For the next few weeks we will be highlighting some of the records that are in our Archives: this week- Service bulletins. Orders of service for the congregation have been important for worship. Our earliest service bulletin is for Christmas 1904. The early bulletins 1900-1966 are few in number. Since 1966 they have been more consistently retained; however, we have

none for 1967, 1969-1974, 1977-1979 and 1989. Some important bulletins have survived such as the evening service for dedication of the church in 1916 and dedication of our memorial plaques.

Choir: Love singing? Why not join the choir? No stress, no pressure, no expectations, just a group of people who love music, singing together. Some choir members read music, others don't. All are welcome and all are equal. We rehearse 6:30pm on Tuesday nights at Gower Street United and meet at 10:00am on Sunday mornings. So make a joyful noise and join the CSUC Choir!

PAR: What is PAR? It stands for Pre-Authorized Remittance. It means that an amount determined by you gets deducted from your bank account each month. For more information or to sign up for PAR, please contact the church office.

Congregational Email: Do you want to keep up on church news? If so we can add you to the congregational email list. Please send your email to info@cochranestreetuc.com.

“Amen: So Be It”

By: Rev. Miriam Bowlby

I'm jumping ahead to the end of the Lord's prayer to the very last line. "Amen." I love it because amen quite literally means "so be it" or "let it be so." Doesn't that change how you pray? When you that the last word means – so be it. Now that I've said the words, now that I've opened my heart, now it will be. The challenge is praying isn't like a list of wants. Prayer is conversation and the things we pray for in the Lord's Prayer shape our world and us in new ways. In the Lord's Prayer, I acknowledge that God know what I need and what the world needs. When we get to "amen" it is like saying yes to God. The translation of Matthew 6 from the Message makes it so clear:

"The world is full of so-called prayer warriors who are prayer-ignorant. They're full of formulas and programs and advice, peddling techniques for getting what you want from God. Don't fall for that nonsense. This is your Father you are dealing with, and he knows better than you what you need. With a God like this loving you, you can pray very simply. Like this:

Our Father in heaven,
Reveal who you are.
Set the world right;
Do what's best—
as above, so below.

Keep us alive with three square meals.
Keep us forgiven with you and forgiving others.
Keep us safe from ourselves and the Devil.
You're in charge!
You can do anything you want!
You're ablaze in beauty!
Yes. Yes. Yes.

WIDER CHURCH

Living the Questions: An open-minded alternative to studies that attempt to give participants all the answers to questions about faith. We interact with each other as we explore together the best of today's theological thought, and talk about what is next for Christianity. There is a 20 minute video we watch together, and then discuss the concepts one with the other as well as in group. Coffee break included! The six session begin on Wednesday March 5th at Gower Street United Church from 7:30 - 9:30. It is not necessary to attend all the session but it is helpful. Sessions will be under the leadership of Rev. Dr. Paul Crittenden and Rev. Miriam Bowlby.

March 8th: Thinking Theologically

March 15th: Stories of Creation

March 22nd: Lives of Jesus

March 29th: As Passion for Christ: Paul

April 5th: Out into the World: Challenges facing Progressive Christians

COMMUNITY ANNOUNCEMENTS

CFUW's 2017 Great Big Used Book Sale: Book collecting will start Sunday, January 22nd from 2-4 pm and continue every Sunday from 2pm to 4pm and every Saturday from 11 am -1pm until further notice at Woodgate Plaza, 58 Kenmount Road. Please use entrance west of Toys R Us. We take most gently used books including Children's Books: Fiction and Non-Fiction We will sell your books at the Arts and Culture Centre, from Tuesday, March 28 –Thursday, March 30, to help fund scholarships and other community outreach projects. Details TBA. Sponsor: Canadian Federation of University Women (CFUW) Contact: cfuwstjohns@gmail.com

Called to Serve?

Part of the ministry of our congregation is done through the leadership provided by the Church Council. Serving on the Church Council or one of its committees is part of our faithful response to the good news of Jesus. Through the work of the Church Council and its committees we do God's

work in the world. Where and how is God calling you to serve? Perhaps in one of the leadership roles on the council or as a member of a committee.

The Church Council:

The Church Council is the governing body for Cochrane Street United Church and as such is responsible for ensuring that the church operates properly. The membership of the Church Council is made up of the executive (outlined below), the chairs (or their designate) of the various committees, the past-chair of the church council, a board of Trustees Representative, the East District Representatives and the Men's Club and the UCW Representatives. The committees of the Church Council (Finance; Ministries; Ministry and Personnel; Property; and Worship, Sacraments and Pastoral Care) all report to the Church Council. Each of the committees of the Church Council focuses on one aspect of the mission and ministry of our congregation and reports on their work to the Church Council.

Church Council Executive:

The Executive of the Church Council is made up of the Chair, Vice-Chair, Treasurer, Secretary and the Minister. The Executive only meets outside of church council when there is a decision that must be made between meetings of the Church Council.

Finance Committee:

The Finance Committee along with the Church Council is responsible for the overall financial stewardship of the congregation. The Finance Committee is made up of the Treasurer and at least two other members who report regularly to the church council. The committee also recommends a budget to the Church Council for approval of the congregation at the Annual General Meeting.

Ministries:

The Ministries Committee is responsible for the outreach projects we do in the community such as Bags to School (with Bridges to Hope), Deal of a Meal and BBQ in the Park. This Ministries Committee works with Sunday School, Messy Church, fellowship and Christian Education.

Ministry and Personnel

The Ministry and Personnel Committee is responsible for the relationship between the congregation and the staff. The M&P committee is responsible for overseeing the work, duties and relationships of the staff of the congregation. It supports the minister, staff and congregation members, conducts performance appraisals, is involved in the hiring of staff, and deals with many personnel matters of a confidential nature.

Property Committee:

The property committee will advise the Church Council on all matters pertaining to the maintenance of the church building. In the coming year, the terms of reference for this committee will need to be reviewed as Cochrane Centre is now responsible for the building.

Worship, Sacraments and Pastoral Care:

The Worship Committee works in cooperation with the Minister to ensure Sunday Worship Services, the Sacraments, membership and pastoral care of the congregation run smoothly.

Bridges to Hope Representative

Cochrane Street United Church can appoint one member to the board of Bridges to Hope.

East District Representatives

Cochrane Street United Church appoints members of the congregation to represent our church at East District meetings. These representatives are also members for the church council.

Opportunities to Serve:

- Chair of Church Council
- Chair of Ministries
- Co-chair of the Worship, Sacraments and Pastoral Care Committee
- Members of any committee
- 2 East District Representatives

How to Serve?

If you are interested in offering your time and talent to any of these ministry opportunities, please contact the church office by email:

info@cochranestreetuc.com. If you want to know more about what is involved in any of these committees, contact Rev. Miriam at 709-728-8410 or by email: revmiriam@cochranestreetuc.com or the secretary of the Church Council Joyce Blunden joyce.friendly@yahoo.com.

Cochrane Centre Manager

Cochrane Centre, a dynamic social enterprise committed to capacity building, inclusivity, innovation and partnership, is situated at the site of the historic Cochrane Street United Church building in the east end of downtown St John's. Operated by Cochrane Community Outreach and Performance Centre Incorporation (CCOPC), a community-focused non-profit, Cochrane Centre is home to 10 supportive housing units, a mid-sized performance centre, community rehearsal and performance space, a

commercial-scale kitchen, and a meeting/gathering place for community groups.

After two years of planning and facility re-development, the CCOPC is embarking on the challenging transition into operations. This position offers an exciting opportunity for a creative yet disciplined individual looking to make a difference in the community. The Cochrane Centre Manager is the key staff person reporting to the Chair of a hard-working, talented Board of Directors, with supervisory responsibility for a small staff, currently consisting of an administrative assistant. Coming in at the ground floor, the successful candidate will take on the challenge of getting operations and programming off the ground and running, while assisting the Directors to develop financial and staff resources.

The Manager will work fairly independently overseeing the day-to-day operation of the Centre including the supportive housing units, community rental, and performance space. S/he will develop and implement community-based programs, be involved in marketing, promotion and fundraising, assist with financial planning and management, take a lead in organizational development, be a chief spokesperson and communicator alongside the Chair, and develop strong connections with community groups, networks, Cochrane Street United Church congregation, as well as with social and government agencies.

We are looking for a versatile, innovative and patient individual with strong non-profit management experience, familiar with current challenges in the areas of community development, homelessness, supportive housing, and arts promotion. S/he should show proven ability to work with a volunteer Board and its Committees, be knowledgeable about applicable government programs and legislation, have proficiency in data and financial management, social media and communications, and bring demonstrated skills in grant writing. S/he should be a strategic thinker with well-developed organizational and decision-making skills. Knowledge of fundraising principles and techniques would be an asset.

A university degree or equivalent in a related field, and three or more years of management experience in the non-profit/voluntary sector, or equivalent/related experience are essential ingredients for the successful candidate.

This is a full-time position with salary commensurate with qualifications and experience within a range affordable to a start-up non-profit. Applications should be sent by email to Board Chair, David Tucker, at davidjtucker@bellalliant.net no later than Thursday March 23. For further

information please contact the Board Chair at the same email address or visit Cochrane Centre on Facebook.

Spirit Open My Heart

Refrain

Spirit, open my heart to the joy and pain of living.

As you love may I love, in receiving and in giving,
Spirit, open my heart.

1. God, replace my stony heart
with a heart that's kind and tender.
All my coldness and fear
to your grace I now surrender.
2. Write your love upon my heart
as my law, my goal, my story.
In each thought, word, and deed,
may my living bring you glory.
3. May I weep with those who weep,
share the joy of sister, brother.
In the welcome of Christ,
may we welcome one another.